

Angela C. Heckrotte

Education

Master of Science: Marriage and Family Therapy, 2013

Friends University - Wichita, KS
Member of Delta Kappa Honor Society

BBA: Business Management & Finance, 2000

Washburn University - Topeka, KS
Member Phi Beta Lambda business fraternity
Member Alpha Phi Fraternity

Professional Licensure

Licensed Clinical Marriage and Family Therapist, Kansas #2730
Licensed Addiction Counselor, Kansas #1342

Professional Certification & Training

- Family therapy background
- Practiced in family assessments
- Solution-focused therapy
- Cognitive behavioral therapy
- Motivational Interviewing
- Couples Communication
- Heart Centered Hypnosis
- Sand Tray training
- TF-CBT trained
- Trauma informed care training

Clinical Experience & Internships

Angela Heckrotte LLC

Practicing at The Therapy Center, Wichita, KS

November 2016 - Present

Independent Practitioner; Licensed Clinical Marriage and Family Therapist; Licensed Addiction Counselor

- Work with individuals, couples and families
- Provide psychotherapy services for ages 16+
- Work with diagnosis as indicated per the current DSM.
- Work with addictions behaviors for individual and couples
- Provide traditional talk therapy using CBT, MI, DBT, Couples Communication, SFT
- Provide experiential therapy using Sand Tray and Heart Centered Hypnotherapy

Angela C. Heckrotte

Practicing at Affiliated Family Counselors, Wichita, KS

October 2014 – November 2016

Independent Practitioner; Licensed Clinical Marriage and Family Therapist; Licensed Addiction Counselor

- Work with individuals, couples and families
- Provide services for ages 16+
- Work with diagnosis as indicated per the current DSM.
- Provide crisis management support and planning
- Complete assessments including Intake, Genogram, Eco-map, MAST, and others.
- Work with addictions behaviors for individual and couples
- Provide traditional talk therapy using CBT, MI, DBT, Couples Communication, SFT
- Provide experiential therapy using Sand Tray, Hypnosis, play therapy techniques

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Saint Francis Community Services – El Dorado, KS

August 2013 – January 2015

Family Preservation Therapist/Case Manager

- Manage case load of 40+ families.
- Provide in-home therapy services.
- Work with children, adults and families in individual and family therapy using multiple therapy techniques.
- Developed case plans, treatment plans and progress reports on all cases.
- Diagnosed mental health disorders per DSM IV and DSM 5.
- Provide crisis management support and on call services weekly and as scheduled on weekends.
- Complete assessments including NCFAS, ASQ-SE, Genogram, Eco-map.

Reach Learning and Therapy Center - Wichita, KS

December 2012 to June 2013

Graduate Student Therapist

- Effectively managed time and caseloads based on 8-10 sessions per week.
- Worked with children ages 5-14 using play therapy techniques.
- Diagnosed mental health and emotional disorders.
- Led patients in individual and family therapy sessions.

Friends University Center on Family Living - Wichita, KS

April 2012 to June 2013

Graduate Student Therapist

- Developed comprehensive treatment plans that focused on behavioral treatment of problems.
- Taught clients anger management techniques, relaxation skills, impulse control, social skills, emotional coping skills and functional living skills.
- Executed appropriate risk-assessment and mitigation strategies.
- Diagnosed mental health, emotional and substance abuse disorders.

Hunter Health Clinic - Wichita, KS

May 2012 to December 2012

Graduate Student Therapist

- Co-facilitated substance use recovery groups for individuals and families.
- Taught clients anger management techniques, impulse control, and emotional coping skills.
- Organized treatment projects and group discussions that focused on problem solving skills and creative thinking.

Other Employment History

ImageQUEST, Inc - Wichita, KS

Accounting Clerk

March 2010 to May 2013

Enterprise Leasing Company - Jacksonville, FL

Account Manager

August 1999 to April 2009