

## TISHA DARLAND

The Therapy Center  
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### EDUCATION

- 2001                      Master of Social Work  
Newman University, Wichita, KS  
Program Accredited by the Council on Social Work Education (CSWE)
- 1999                      Bachelor of Arts in Sociology  
Wichita State University, Wichita KS

### PROFESSIONAL EXPERIENCE

- 08.2020-current                      **Licensed Specialist Clinical Social Worker, Private Practice;** The Therapy Center, Wichita, KS
- Provide assessment and psychotherapy for children, adults, older adults, and families. Provide couple therapy for those struggling with relationship issues. Areas of treatment focus include trauma, addictive disorders, depression, anxiety, and legal challenges.
- 04.2019-current                      **Licensed Specialist Clinical Social Worker, Inpatient;** Via Christi/Ascension, Wichita, KS
- Provide assessment for adolescents, adults and older adults that have been admitted to the behavioral health unit at Via Christi St. Joseph. Completed psychosocial assessments in an effort to ensure that all those admitted received quality care addressing their specific needs in an effort to avoid future hospitalizations.
- 03.2017-08.2020                      **Director of Crisis and Outpatient Services;** COMCARE of Sedgwick County, Wichita, KS
- Led the development and implementation of the ICT-1 partnership with Sedgwick County Fire, Wichita Fire and Sedgwick County EMS as the COMCARE Director. Provided oversight and expansion direction for the Community Crisis Center. The Community Crisis Center includes a 24-hour suicide prevention hotline; 24-hour regional walk-in crisis center for children and adults, a 6 bed 23-hour Crisis Observation Unit, a 10 bed Crisis Stabilization Unit and Morris Place, which is a short term residential unit for SPMI adults. Additionally, the CCC has a 13-bed detox and sobering unit and an off-site Children's Crisis Bed.

Additional areas of responsibility included program leadership of COMCARE Outpatient Services, Addiction Treatment Services including Municipal and County Drug Court treatment programs, and a mental health jail alternative case management program. Was instrumental in getting additional positions approved through the county's general fund to staff and support two additional dedicated Mobile Crisis Unit teams to provide this service within the community seven days per week. As one of the first Mental Health First Aid trainers in Kansas, promoted the Mental Health First Aid educational program to the community by teaching and marketing. Coordinated local behavioral health disaster response and Critical Incident Stress Debriefing teams. Provided clinical supervision, crisis intervention, case consultation and clinical training.

11.2009-3.2017

**Program Manager;** COMCARE of Sedgwick County, Wichita KS

Provided leadership to supervisors, therapists, and case managers. Provided assessment, crisis intervention, brief therapy, case consultation and clinical supervision. Coordinated with local mental health and community agencies to expand programming in an effort to manage the increased need within the community. Developed a volunteer program with NAMI members to provide family support one evening per week at the Community Crisis Center. Provided on call support for COMCARE.

01.2014-03.2017

**Senior Social Worker;** COMCARE of Sedgwick County, Wichita KS

Conducted assessments for mental health, addiction treatment, case management and homeless services within a community mental health center. Provided individual therapy for adults recovering from mental illness and substance use disorders.

03.2009-12.2013

**Hospice Social Worker;** Hospice Care of Kansas, Wichita KS

Conducted family and patient assessments, provided death, and dying services to those families enduring end of life circumstances. Traveled through the state assisting in offices that were experiencing social work shortages. Was able to build rapport quickly with families and provide support, as well as local resources.

01.2003-11.2009

**Mental Health Coordinator;** Correct Care Solutions at El Dorado Correctional Facility

Implemented and coordinated privatized mental health services within a community support services model within the El Dorado Correctional Facility. Provided oversight and clinical direction for the treatment team, mental health clinicians, activity therapists, psychiatric nurse, and psychiatrist. Managed crisis situations and coordinated care with facility staff. Developed and implemented a Peer Support model of treatment that was designed and succeeded in helping men to make the necessary changes to get released from long term segregation to the general population. This program was presented at the national

conference. Managed a budget and evaluated full time staff. Provided mental health training and consultation to facility staff.

05.2002-01.2003

**Senior Social Worker;** COMCARE of Sedgwick County, Wichita, KS

Provided emergency services within the community mental health center 24-hour crisis program. Completed Gatekeeping screens to assess for the need for involuntary hospitalizations at the state hospital. Completed Medicaid screens for children and adults in crisis to arrange for safety in the least restrictive environment. Arranged follow up care and ongoing services for those experiencing mental health crises.

08.2001-10.2002

**MSW Practicum Student, Outpatient Therapist;** Family Consultation Services, Wichita, KS

Provided assessments, individual, group therapy, marital therapy, in-home family therapy, as well as sex offender treatment services at a Federally Qualified Health Center.

08.2000-05.2001

**MSW Practicum Student, Medical Social Worker;** Via Christi St. Francis and Via Christi St. Joseph campuses, Wichita, KS

Provided individual and family supports, completed psychosocial assessments, and planned for various community services—medical supports, mental health supports, agency supports for those discharging from medical inpatient services.

## **PROFESSIONAL LICENSURE**

Kansas Licensed Specialist Clinical Social Worker (LCSW) #4390

Kansas Licensed Clinical Addictions Counselor (LCAC) #609

## **PROFESSIONAL CERTIFICATION & TRAINING**

Certified Mental Health First Aid Instructor for Adult, Youth and Older Adult courses, 2008-2019; The National Council for Behavioral Health Critical Incident Stress Management (CISM), 2002, American Red Cross Emergency Management

Hostage Negotiation Training, 2008, Kansas Department of Corrections and Kansas Bureau of Investigation

Mini MPA-Master of Public Administration Certificate, 2015, Wichita State University

## **HONORS AND AWARDS**

2007 Contract State Employee of the Year, Kansas Department of Corrections, Topeka, KS

2015 Patriotic Employer of the Year; Kansas National Guard, Wichita, KS  
You.Lead.Now., Class of 2015, Kansas Leadership Center, Wichita, KS

2018-2019 Community Mental Health Center State Clinical Director's Board  
Secretary, Topeka, KS  
2019-2020 Vice Chair of the Sedgwick County Suicide Prevention Coalition,  
Wichita, KS