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The Therapy Center
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Education

- 2011 Master of Social Work
University of Kansas, Lawrence, KS
- 2010 Bachelor of Social Work
Pittsburg State University, Pittsburg, KS

Experience:

- 03.2021-Current **Licensed Specialist Clinical Social Worker, Private Practice-The Therapy Center, Wichita, KS.**
- Provide assessment and psychotherapy for children and adults. Areas of focus include trauma, psychosis, addictive personalities, depression, anxiety, legal challenges.
- 02.2015 – 03.2021 **Outpatient Therapist, COMCARE, Wichita, KS**
- Provide outpatient individual therapy to individuals by utilizing various therapy models including cognitive behavioral therapy, motivational interviewing and dialectical behavioral therapy.
- 04.2014-03.2021 **Program Manager, COMCARE of Sedgwick County, Wichita, KS**
- Provide oversight to a 24-hour behavioral health crisis program by directing workflow, interacting with community partners, and providing clinical supervision and direct service provision to clients. Instrumental in the expansion of crisis services in Sedgwick County by ensuring quality care was provided to individuals experiencing a mental health crisis. Provide both clinical and administrative supervision to both case managers and clinicians.
- 09.2013-04.2014 **Crisis Therapist, COMCARE of Sedgwick County, Wichita, KS**
- Assess level of crisis, risk of suicide and determine need for inpatient psychiatric hospitalization through clinical assessment and hospital screening process. Complete competency to stand trial evaluations. Providing face to face interventions to clients in crisis in order to

decrease level of crisis and improve level of functioning in least restrictive environment

05.2007-09.2013

Therapist/Screenener, Crawford County Mental Health, Pittsburg, KS

Provide outpatient therapy to adults in both group and individual settings. Complete crisis screenings to assess individuals for inpatient psychiatric hospitalizations for both children and adults including state hospital admissions.

01.2010-09.2013

Case Manager, Crawford County Mental Health, Pittsburg, KS

Provided case management services to the severe and persistently mentally ill population in the community by working from a strengths model to assist individuals in working towards their individualized recovery goal

05.2007-01.2010

Mental Health Assistant, Crawford County Mental Health, Pittsburg, KS

Facilitated psychosocial groups for children ages 5-18. Developing activities daily to assist severely emotionally disturbed children in developing social and behavioral skills

Professional Licensure:

Kansas Licensed Specialist Clinical Social Worker(LSCSW) #4396
Kansas Licensed Clinical Addiction Counselor(LCAC) #607

Professional Certification and Training:

Certified trainer for Applied Suicide Intervention Skills Training (ASIST)
2018-2021
Strengths Based Case Management, University of Kansas 2010

Honors and Awards:

2019-Professional Excellence Award, Sedgwick County, Wichita, KS
2018-President of the Sedgwick County Suicide Prevention Coalition
2015-Patriotic Employer of the Year, National Guard, Wichita, KS
2015-You.Lead.Now, Kansas Leadership Center, Wichita, KS
2011-2012-Mosaic of Southeast Kansas Advisory Board