ADHD Screening Test

Attentional Functioning	Yes	No
Do you (or your child/student) fail to give close attention to details or make careless mistakes in schoolwork, work, or other activities?		
Do you (or your child/student) have frequent problems listening when spoken to directly?		
Do you (or your child/student) have frequent difficulties following through on instructions or fail to finish schoolwork, chores, or duties in the workplace?		
Do you (or your child/student) have difficulties organizing tasks, schoolwork, or other activities?		
Do you (or your child/student) often avoid, dislike, or reluctant to engage in tasks that require sustained mental effort such as schoolwork or homework?		
Do you (or your child/student) often lose things necessary for tasks or critical activities (e.g., toys, school assignments, pencils, books, or tools)?		
Are you (or your child/student) often easily distracted by extraneous variables?		
Are you (or your child/student) often forgetful in daily activities?		
If you (or your child/student) answered "yes" to 6 or more of these symptoms, you may experience problems with Inattentiveness.		
Behavioral Regulation		
Do you (or your child/student) often fidget with hands or feet or squirm while seated?		
Do you (or your child/student) often leave your seat when you are required to sit for extended periods of time?		
Are you (or your child/student) often restless or frequently observed running about, climbing on things, or breaking things?		
Do you (or your child/student) have difficulty playing or engaging in leisure activities quietly?		
Are you (or your child/student) often "on the go" or often act as if "driven by a motor?"		
Do you (or your child/student) talk excessively?		
Do you (or your child/student) often blurt out answers before questions have been completed?		
Do you (or your child/student) often have problems waiting?		
Do you (or your child/student) often interrupt or intrude on others (e.g., butts into conversations or games)?		
If you answered "yes" to 6 or more of these symptoms, you (or your child/student) may have problems with behavioral regulation.		
If you exhibit significant symptoms of Inattentiveness (6 or more), but not behavioral regulation, you may have ADHD Inattentive Type.		
If you exhibit significant symptoms (6 or more) in both Inattentiveness and behavioral regulation, you may have ADHD Combined Type.		
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